



# Rayner Institute for Career Advancement

**COMPETENCY SELF-TEST**  
**TEST YOUR COMPETENCIES  
& SKILLS IN ALL SIX AREAS  
OF CERTIFICATION**

# DERMATOLOGY SKIN CARE

## QUIZ

What Is the **Physiological** Reason for Fine Lines Around the Eyes and Lips?



Please see answer →

# DERMATOLOGY SKIN CARE ANSWER

**ESTROGEN**

# SKIN CARE MANAGEMENT FOR MENOPAUSE & HORMONAL DYSFUNCTION

## QUIZ

**HOW DOES SUGAR FUEL HOT  
FLASHES?**



**Please see the answer →**

# **SKIN CARE MANAGEMENT FOR MENOPAUSE & HORMONAL DYSFUNCTION**

**ANSWER**

**EATING SUGAR BOOSTS THE  
METABOLISUM WHICH IN TURN  
GENERATES HEAT.**

# CAMOUFLAGE THERAPY

## QUIZ

**LIST 10 CURRENT  
TECHNIQUES &  
TECHNOLOGIES FOR SCAR  
REDUCTION:**



**Please see the answer →**

# **CAMOUFLAGE THERAPY ANSWER**

- 1. Cryosurgery**
- 2. Dermabrasion**
- 3. Laser Camouflage**
- 4. Steroids Injections**
- 5. Tissue Implantation**
- 6. Physical Therapy**
- 7. Radiotherapy**
- 8. Silicon Gel Sheets**
- 9. Surgery**
- 10. Topical Products**

# APPEARANCE COUNSELING

## QUIZ

**NAME 6 OUT 12 PROFESSIONAL SERVICES AN APPEARANCE COUNSELOR CAN OFFER TO POTENTIAL CLIENTS:**



Please see the answer →

# APPEARANCE COUNSELING ANSWER

- Wardrobe Audit
- Personal Style Development
- Figure Analysis
- Customized Seasonal Color Draping
- Appearance Coaching
- Closet Re-Organizer

# ADVANCED MARKETING MANAGEMENT QUIZ

**IN THE CONTEXT OF PROMOTING &  
MARKETING**

**PATIENT CARE SERVICES WHAT**

**DOES THE TERM**

**COLLABORATIVE COMMERCE REFER TO?**



**Please see the answer →**

# **ADVANCED MARKETING MANAGEMENT**

## **ANSWER**

**A GENERALLY ACCEPTED TERM IN  
WHICH ALLIED HEALTH  
CARE PROVIDERS WORK TOGHETER  
TO MEET THE NEEDS OF  
THE MUTUAL PATIENT**

# HOW TO LAUNCH & BUILD A MEDICAL ESTHETICS PRACTICE

**WHAT ARE TWO AREAS OF  
STUDY THAT ARE ABSOLUTLY  
ESSENTIAL TO SUCCESSFULLY  
LAUNCHING & BUILDING A  
MEDICAL ESTHETICS DIVISION?**



**Please see the answer →**

# HOWTO LAUNCH & BUILD A MEDICAL ESTHETIC PRACTICE

**1. PROJECT MANAGEMENT**

**2. BUDGET FORECASTING**